

GETTING INTO THE COLLEGE



It is a big decision to choose a profession, but it is not the most important of your whole life. Even that we try to believe in this phrase it is really hard not to get in the stress of doing college selective process to begin a profession, mainly because of the society ideas pressure, what includes our family and teachers, and because of the demand for qualified labor (often defined by the education level) for the market. In this book, I will try to tell my experience of dealing with this pressure, with my studying habits, my college selective process performance, my mental health and how I am feeling know living the experience of being in the college. Besides that I am going to give some tips about this whole process and show my opinion about this system of looking for the right profession and its success to achieve money, what apparently means happiness nowadays.

- When I got into my last year in high school...

The last year of high school is really intense, since we technically need to choose our profession, study hard and at the same time enjoy our last year studying with our school friends, and I've almost freaked out because I was in my senior and I had not chosen what to course in the college yet. Obviously, we do not have to choose our profession with seventeen years old, but this we are going to discuss later. So, I did not know what course I wanted but I knew I had to begin to study for my process selection, because get into a public University was one of my biggest wishes, but for that happens it was necessary prioritize the studies, and really focus on Enem and Fuvest, than going out with friends, parties and so on. But I've tried to equilibrate those two things, because it is really important distract the mind sometimes and do the things we like for keep us mentally health.

- My studying habits

So, It was necessary to create a studying routine to achieve my goal of getting into a public university, even that I did not know what to course. I tried to keep good grades during all my high school period, even before actually, and then when I started the senior year (3° high school grade) I just had to look for all my difficulties, as writing essays, and then how to improve them to have a good result in my final tests (Enem and Fuvest). I used to study on average 5 hours a day, besides going to school in the morning, mainly through books, youtube classes and doing exercises from college entrance examination and writing essays. There are some youtubes channels that I was used to watch and helped me a lot in my difficulties:

- “Canal Física” (Teacher Marcelo Boaro)
- “Débora Aladim”: history and some tests tips
- “Canal Marcelão da Química Vest, Enem, Militar”
- “Biologia Total com Prof. Jubilut”
- TED Talks
- JeanGrafia GabaritaGEO

- Family pressure and how I “decided” my course.

When I started to get unmotivated I knew I had to choose some course and a University to establish new goals and then have a motivation to study. It is very difficult to choose a course, mainly because of the indecision of choosing the one that can give us money or the one that is related to things we love to do, to equilibrate those two options is most impossible in this time for most people. Fortunately, my mom has always supported in all my decisions, even when I said I wanted to be a veterinarian and then I changed my idea to architect, and this was essential for me because I am conscious that is not everyone that has this support. At long last, I have chosen to do what I like, and then I found one course called environmental management at University of São Paulo, as the environment and the humans impact in it has always interested me since I became vegetarian, so I have decided to transform my worry about care for the planet in a profession.

- My performance in the process selection

The process of doing the test is very stressful, it is necessary to get some rest before and after doing it, study one day before is insane and it is important to go relaxed and bring some food and water to consume during the test, beyond that I have tried to keep in my mind that I did my best and I was capable to go through this. In the end, my efforts were worth it, since I got into the college that I wanted and I was proud of my results. When I did Enem in 2018 my performance in writing essay had gotten a lot better than 2017, my grade went from 620 to 820 (Maximum points: 1000), and at Fuvest I got 38,5 of 45 in 2018 too, that was really satisfactory for me, since this part of the test was one of my biggest difficulties. Some subject's results were not so good as it was expected by me, like mathematics and physics.

- Conclusion

At the present moment I am studying environmental management at University of São Paulo and I am enjoying it so far, but it does not mean this is the profession I want for my whole life, in the end life is full of uncertainties and we are not obligated to choose our profession with 17 years old as we do not need to get in the college at this age or even at any age. I learned that I cannot think about money at all my decisions in life, money does not mean happiness, and although we need to fight against all the society to believe in this, it is really satisfactory do what we love and do as much as we can to try to help the world be a better place, I know its sounds an utopic idea, but if we do our part it is a big step.

“By failing to prepare, you are preparing to fail.”
Benjamin Franklin.

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