



# **MY TRANSITION HAIR**

**ACSA CRISTINA**



Well, my name is Acsa and I'll describe in this book how it was my transitioning hair.

## 7 years old...

— Mom today at school my classmates called me a monkey and they mocked my hair. Why do not I have straight hair? — I told to my mom. On that day I was devastated I really wanted changed my hair, however my parents talked to me and convince me that I was too young to touch the structure of my hair, after all, I was only 7 years old. The days went by and I didn't want to go to school anymore, I was tired of being compared to an animal and my hair was a joke. So I decided to cut my hair, I asked my mother if I could cut it. She didn't agree and convinced me that it was not yet time...

# 10 years old...

I was in the fourth grade and wanted to be like the girls in my class, my dream was change my hair not only because it was a desire but because i couldn't take the bullying anymore. everyday I would come back crying home so I insisted so much that my parents gave in. I started smoothing my hair with 10 years. At 10, your hair does not even know who it is! and I changed my hair. I do not blame my mom for that. In fact, I convinced her. because I came back crying every day of school in a nutshell I wanted.

# My adolescence...

Progressive, relaxation, relaxation brush, sugar brush, brush definitive. All these chemical methods that women use to make their hair smooth I passed, however my hair was very weak and I was tired of following this pattern of beauty, it was 7 years relaxation my hair , all this to fit the social environment. My low self esteem made me I no longer wanted to go to school again, my hair disturb a lot with my emotional state. I was 17 years old, I was looking in the mirror and I didn't know who I was anymore I decided to start capillary transition. was very difficult When I stopped smoothing, my hair was even needing a lot of care. I had no choice i started my "big chop" so i cut.



# During the hair transition

Finally I made the big chop - that's the cut - alone at home. When your hair is half curly, half smoothed, it's pretty easy to know where the chemistry is. And it was liberating for me because for the first time I saw the texture of my hair, I believe it was one of the best sensations I've ever felt. However as my hair was too short I started wearing braids perhaps I felt better about them. You need to choose your way through the transition and the most practical way I found it was used the braids. Hair transition is a phase of discovery and learning.

# Nowadays.

Today I have my natural hair and i'm happy by the decision I made, i stoped follow standards beauty after all, who said that your hair is ugly? Let us love ourselves as we really are. We listen to a lot, opinion of others, I decided to be myself and I ended up discovering several wonderful versions of me I am black woman and proud for my color and every trace of my face and body. My generation is walking a lot more tolerant, many black women have taken over your hair and I'm happy about it. You should feel good about your decisions.

# Be your own inspiration



No matter if your hair is afro, wavy or curly, your hair  
is beautiful just the way it is!