Cyberbullying

Autora: Dana van Noort N.º 6 7.º B

What is Cyberbullying

Cyberbulling is bullying done online. It can start out as cruel posts and digital pictures, to being harassed and reivindicar threats through text or email

cyberbullying is bullying!

Consequences of Cyberbullying

Cyberbullying can lead to the dissemination of personal information, the loss of friends. Often children who suffer cyberbullying are very insecure. cyerbullying or depressed in some cases cyberbullying can even lead to suicide

What can you do to stay safer on the internet and prevent cyberbullying from happening

Sadly there is no real solution for cyberbullying and the impact of technology on are lives, however there are something's you can do to stay safer on the internet :

-Be careful with what you post, don't post things that are to personal because once your picture is posted anyone can download it, repost it, even change it

-Do not give out your personal information like email, address and phone number to any sites

What can you do to stay safer on the internet and prevent cyberbullying from happening

-Change your password regularly

-Have private accounts on social media and don't except any friend requests of people who you don't know personally, have posted inappropriate content or make you feel uncomfortable

-Do not post any content related to other users

-Don't respond to any messages which contain threats and harassment or negative comments

What can you do to stay safer on the internet and prevent cyberbullying from happening

- keep track of the times and dates you get bad messages or emails it might be helpful later on

-If you see cyberbullying going on report it!

-If you are experiencing cyberbullying, tell somebody, get help, talk to a parent or an aunt

Websites

https://www.internetsegura.pt/riscos-e-prevencoes/cyberbullying

https://www.stopbullying.gov/cyberbullying/what-is-it

https://www.bandt.com.au/monica-lewinsky-delivers-powerful-cyber-bullying-message-at-cannes/

https://www.verywellfamily.com/what-are-the-effects-of-cyberbullying-460558

https://www.metroparent.com/daily/parenting/parenting-issues-tips/michigan-anti-cyberbullying-law-what-it-means-for-kids-and-families/